



Hands-only CPR

Learn the core concepts of life-sustaining, high quality chest compressions for providing CPR to patients experiencing sudden cardiac arrest. This course is not an official American Heart Association or American Red Cross course and does not provide an official credential.

Cost per participant: FREE
Time: 30 Minutes
Certificate: Course attendance card

Heartsaver Bloodborne Pathogens

This course is designed to meet Occupational Safety and Health Administration (OSHA) requirements for bloodborne pathogens (BBP) training when paired with site-specific instruction.

Cost per participant: \$20
Time: 2 Hours

Heartsaver CPR/AED (Adult)

This American Heart Association classroom course teaches basic CPR skills such as performing a head tilt-chin lift, giving compressions and breaths, choking emergencies and automated external defibrillator (AED) operation. The course provides training for anyone who wants to learn basic CPR and obtain a Heartsaver course completion card. Includes required textbook.

Cost per participant: \$20
Time: 2 – 2.5 Hours
Certificate: Heartsaver course completion card

Heartsaver CPR/AED (Adult AND Child/Infant)

This American Heart Association classroom course teaches basic CPR skills such as performing a head tilt-chin lift, giving compressions and breaths, choking emergencies and automated external defibrillator (AED) operation. The course provides training for anyone who wants to learn basic CPR and obtain a Heartsaver course completion card. Includes required textbook.

Cost per participant: \$30
Time: 3 – 3.5 Hours
Certificate: Heartsaver course completion card



Heartsaver First Aid (Adult)

This American Heart Association classroom course teaches first aid basics (including scene safety, finding the problem, calling for help and more) Medical emergencies (including actions for choking, breathing problems, shock and more) Injury emergencies (including actions for bleeding, broken bones, burns and more) Environmental emergencies (including actions for bites and stings, and temperature-related and poison emergencies). Includes required textbook.

Cost per participant: \$30

Time: 3 – 3.5 Hours

Certificate: Heartsaver course completion card

Heartsaver First Aid and CPR/AED (Adult)

The American Heart Association Heartsaver First Aid CPR AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use. Includes required textbook.

Cost per participant: \$40

Time: 6 Hours

Certificate: Heartsaver course completion card

Heartsaver First Aid and CPR/AED (Pediatric)

The American Heart Association Heartsaver Pediatric First Aid CPR AED course is designed to meet the regulatory requirements for child care workers in all 50 United States. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an Epinephrine pen, as well as child CPR AED, and infant CPR. Includes required textbook.

Cost per participant: \$40

Time: 6 Hours

Certificate: Heartsaver course completion card



Heartsaver First Aid and CPR/AED (Adult AND Pediatric)

The American Heart Association Heartsaver Heartsaver Pediatric First Aid CPR AED course is designed to meet the regulatory requirements for child care workers in all 50 United States. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an Epinephrine pen, as well as adult and child CPR AED, and infant CPR. Includes required textbook.

Cost per participant: \$50

Time: 8 Hours

Certificate: Heartsaver course completion card